

Dear YKM Hosts, Yangjia Michuan Taijiquan is an extraordinary style of Taijiquan. With your leadership as Hosts of the Annual Yongkang Marathon and with the support of YKM participants and friends of Yangjia Michuan Taijiquan, we work together to unite YMT players everywhere in peace. I am proud and pleased that the Yongkang Marathon reflects the essence of Yangjia Michuan Taijiquan: Better Health. Thank YOU! – Julia

P.S. Thanks to our Webmaster, David Zhang, all Group Photos are up (!) and may be found on the ymti.org website (news).

THE NINTH ANNUAL YONGKANG MARATHON

Held October 26 & 27, 2019

in many places around the world.

Dear Participants in the 9th Annual Yongkang Marathon, 2019

We want to thank you for participating in this year's Yongkang Marathon, which brought together over 140 people from nine different countries.

Karoly from Hungary writes: "The marathon was an extraordinary experience. I really felt my qi increase when I paid particular attention to my breathing, and I finished the form without feeling exhausted. At times, I was surprised to see how easily I executed the movements compared to what usually happens."

And Christine from Switzerland testifies, "What appeared to us all, was that this Energy which united us, which connected us, [was not only] in between us and with those practitioners further away ... it was together with the strength of the Masters."

The Yongkang Marathon was organized for the first time in 2011, in honor of Master Wang Yen-nien (1914-2008), whose second name was "Yongkang" (healthy forever). This name was used for the Marathon to honor him and the goal of better health. The marathon is a time to extend the work of our ancestors and encourage the completion of the Yangjia Michuan Taijiquan Curriculum.

May the energy felt on the day of the marathon accompany you throughout the year.

We would like to specifically thank the following groups for all their work in making this worldwide event possible: The Yen-nien Daoguan, Taipei; Jingdao Yen-nien Daoguan, Antwerpen (BE); YMTI-Canada (CA); Tian-Yuan Daoguan, Brehand (FR); Yangjia Michuan Taijiquan Club d'Annemasse (FR); Yen-nien Daoguan, Berlin (DE); Karoly Balazs (HU); Amici Internazionali di Yangjia

Michuan Taijiquan, Castel Vittorio (IT); Associazione Wuxing, Rome (IT); Yangjia Michuan Taijiquan – taiji du Chaudron (CH); Chicago Joseph Morris Yangjia Michuan Taijiquan Society, Chicago, IL (USA); Southern California Yangjia Michuan Taijiquan, Long Beach, CA (USA); ymtvideos.com, Madison, WI (USA); and Friends of Yangjia Michuan Taijiquan, Wisconsin, Neenah, WI (USA).

We look forward to seeing you next year for the 10th Annual Yongkang Marathon, to be held on Saturday, October 24, and Sunday, October 25, 2020.

Wishing you a very happy holiday season and "*Yong Bao An Kang*" [peace and good health forever],

Sincerely,

Julia Fairchild

**Yangjia Michuan Taijiquan, 5th G, Lineage Holder
Castel Vittorio, December, 2019**

and

Bernadette Laplanche

**Chair, Global Annual Yongkang Marathon
Lausanne, December, 2019**

**COMPLETED! 9TH ANNUAL YONGKANG MARATHON, OCT. 26/27, 2019
IN TAIWAN AND VARIOUS WORLD LOCATIONS**